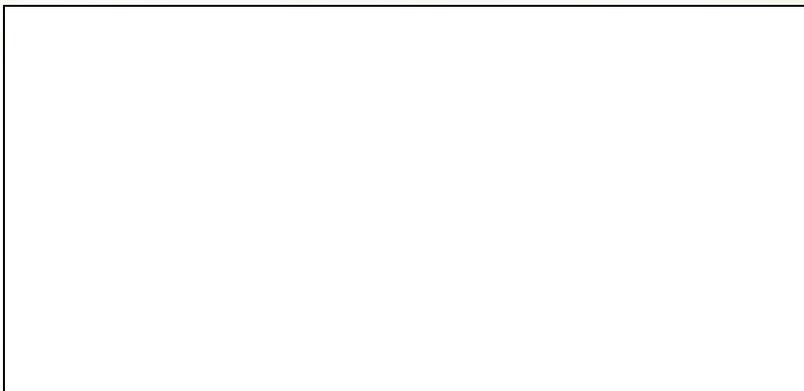


**CHANGE SERVICE  
REQUESTED**



## Capitol Region Watershed District Recognized With Public Service Award

Capitol Region Watershed District (CRWD) is a government unit that works to protect, manage and improve the water in its 40-square-mile watershed. The District originated from a small group of dedicated citizens who wanted to protect Como Lake. They petitioned the Board of Water and Soil Resources (BWSR) to create a watershed district, and in 1998 CRWD was formed.

CRWD includes parts of Saint Paul, Roseville, Falcon Heights, Lauderdale and Maplewood. CRWD has a population of 225,000 people and 42% of land within the District is covered by hard surfaces. This urban landscape generates a lot of stormwater runoff that all eventually flows to the Mississippi River through local lakes and storm sewer pipes.

Because the watershed is so highly developed, one of the District's goals is to bring water back to Saint Paul. This means restoring and adding surface water features such as stream channels and wetlands. Trout Brook Nature Sanctuary is an example of this.

In the 1880s, Trout Brook ran from Roseville's Lake McCarrons to the Mississippi River. The residential area to the west of Trout Brook Nature Sanctuary was perched on a bluff overlooking Trout Brook valley. With the development of the railroad industry, the creek was filled and Trout Brook was diverted into a storm sewer pipe. This permanently altered the natural valley as well as the neighborhood's connection to the natural environment. To help restore this relationship, a portion of Trout Brook was restored to an above-ground channel. Wetlands and ponds were also created at this former brownfield site using a system that intercepts stormwater runoff from the neighborhood.

Trout Brook Nature Sanctuary is a 40-acre site near I-35E and Cayuga Avenue and is a part of Saint Paul Parks and Recreation's larger plan for expansion of the Trout Brook Regional Trail. The new section of the trail extends from Jackson Street to connect to the Gateway Trail at Cayuga Avenue. Capitol Region Watershed District was honored for their restoration work and their broad vision for Trout Brook.



*Accepting the award from Friends' President Mark Nolan is Bob Fossum, Program Manager, Capitol Region Watershed District.*

## Annual Tree Sale Preview

We're excited to announce the lineup for our 2017 sale. Included are trees and shrubs of all shapes and sizes to accommodate urban and suburban yards: 'Parkland Pillar' Columnar birch that only grows 6 feet wide; tree form hydrangea 6-8' tall; Black Hills spruce; honeylocust; smokebush; ninebark; mountain ash; serviceberry and red currant that both produce berries for people and birds; plum for delicious fruit, wisteria to sustain the butterflies, a lovely, hardy, shrub rose; lilac; and mockorange. Check our website for details after the first of the year or drop us a line if you haven't received your printed brochure by March 1. Order deadline is April 21 and pickup is May 6, 9:00am-1:00pm at the location you choose when placing your order. Cash donations for parks in over 20 cities in the metro area are accepted through our sale.

**Give To The Max Day is November 17.** Please consider donating.

We count on you to help us realize our vision:

**To support and promote the creation, preservation and revitalization of the parks and trails systems of St. Paul and Ramsey County for the benefit of current and future generations.**